



Behnam Sharareh

Shoulder and Elbow Surgeon
California

Conditions: Acromioclavicular (AC) joint injury, Articular Cartilage Damage, Bankart Tear or Lesion, Biceps injury, Bursitis, Calcific Tendonitis, Cubital Tunnel Syndrome, Clavicle Fracture, Elbow Dislocation, Distal Bicep Tear, Elbow Fracture, Elbow Instability, Elbow Joint Arthritis, Elbow Pain, Elbow Stiffness, Failed Prior Surgery, Fracture, Frozen Shoulder (Adhesive Capsulitis), Golfer's and Baseball Elbow (Medial Epicondylitis), Humerus Fracture, Implant Infection, Joint Infection, Joint Instability, Labrum Tear, Nerve Entrapment, OCD of the Elbow, Pectoralis Tear, Recurrent and Chronic Elbow Instability, Rotator Cuff Tear, Rotator Cuff Tendonitis, Shoulder Arthritis, Shoulder Dislocation, Shoulder Fracture, Shoulder Pain, Shoulder Instability and Subluxation, Shoulder Impingement, SLAP Tear, Sprains and Strains, Tendinitis, Tennis Elbow (Lateral Epicondylitis), Triceps Injury, Triceps Tear, UCL injury

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Credentials: MD

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Last Updated: November 10, 2023

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SUMMARY

Behnam "Ben" Sharareh, MD is an orthopedic surgeon who specializes in upper extremity – shoulder and elbow – conditions and procedures. Raised in Laguna Niguel, CA, Dr. Sharareh attended the University of California, Los Angeles where he received a Bachelor of Science in Bioengineering. He went on to earn his medical degree from the University of California, Irvine, during which he joined both the Alpha Omega Alpha (AOA) Medical Honor Society and Gold Humanism Honor Society (GHHS).

After medical school, Dr. Sharareh continued his training at Baylor College of Medicine where he completed his residency in orthopedic surgery. Prior to joining Ventura Orthopedics in 2022, he concluded his training at the University of Washington with a fellowship focused on shoulder and elbow surgery.

As an upper extremity surgeon, Dr. Sharareh specializes in traumatic and degenerative conditions of the shoulder and elbow. The procedures he performs includes anatomic shoulder arthroplasty, reverse shoulder arthroplasty, the Ream and Run procedure, shoulder arthroscopy, sternoclavicular reconstruction, scapulothoracic fusion, tendon transfer, tendon reconstruction, elbow arthroplasty, elbow arthroscopy and elbow ligament reconstruction.

Committed to treating each patient like they are a member of his family, Dr. Sharareh strives to make sure each patient can live an active and healthy lifestyle. He is a member of the American Orthopedic Association, American Academy of Orthopedic Surgeons (AAOS) and Association of Shoulder and Elbow Surgeons (ASES).

Dr. Sharareh is currently the editor-in-chief of Orthobullets which is an educational website designed for orthopedic surgeons to improve their education and encourage collaboration. In his free time, Dr. Sharareh enjoys playing basketball, golf and tennis, skiing and spending time with his wife and family.

INSURANCE PLANS ACCEPTED

Blue cross
Blue shield
HMO
Medicare
MediCal
Goldcoast
Aetna
Tricare
Triwest

PUBLICATIONS

- 1) Sharareh B, Yao J, Jurgensmeier K, Schiffman C, Whitson A, Matsen F, Hsu J "Predictors of Success and Failure following Revision Shoulder Arthroplasty: results at a minimum of 2 year follow-up." *International Orthopedics*. In press
- 2) Sharareh B, Yao J, Matsen F, Hsu J "What is the Optimal Management of a Loose Glenoid Component after Anatomic Total Shoulder Arthroplasty: A Systematic Review" *Journal of Shoulder and Elbow Surgeons*. 2022 Nov 4; S1058-2746(22) 00805-9
- 3) Khoo K, McLaughlin R, Sharareh B, Matsen F, Hsu J "Revision of Total Shoulder Arthroplasty to Hemiarthroplasty: Results at mean 5-year follow-up." *Journal of Shoulder and Elbow Surgeons*. 2022 Nov 5; S1058-2746 (22) 00805-9
- 4) Sharareh B, Mack C, Goldfarb C, Hunt, T; "Metacarpal Fractures in the National Football League: Incidence, Management, and Return to Play" *Journal of Hand Surgery*. 2022 April 16; S0363-5023(22)00051-X
- 5) Philipopoulos G, Sharareh B, Ganesan G, Tromberg B, Sullivan T, Schwarzkopf R; "Characterizing Tourniquet Induced Hemodynamics During Total Knee Arthroplasty Using Diffuse Optical Spectroscopy" *Journal of Orthopedic Research*. 2022 Mar 15. DOI 10.1002/jor.25327
- 6) Sharareh B, Perkins C; "Variation in Management of Humeral and Clavicular Shaft Fractures Amongst Fellowship Trained Orthopedic Traumatologists" *BMC Musculoskeletal Disorders*. 2020 Sep 18;21 (1): 618
- 7) Sharareh B, Edwards TB, Shah A, Theodore S; "Variation in Technique and Post-operative Rehabilitation of the Latarjet Procedure Amongst Orthopedic Surgeons" *Journal of Shoulder and Elbow Surgeons*. 2020 Aug 4; S1058-2746(20)30620
- 8) Sharareh B, Mitchell S; "Radiographic Outcomes of Dorsal Spanning Plate for Treatment of Comminuted Distal Radius Fracture in Non-Elderly Patients." *Journal of Hand Surgery Global Online*. 2020 Mar; 2(2); 94-101
- 9) Sharareh B, Hicks J, Castro E, Bell B; "Neuromuscular Choristoma in the Forearm Manifesting as a Posterior Interosseous Nerve Palsy: A Case report." *JBJS Case Connector*. January-March 2020; 10 (1): e0525
- 10) Walker M, Sharareh B, Mitchell SA; "Masquelet Reconstruction for Post-Traumatic Segmental Bone Defects in the Forearm." *Journal of Hand Surgery*. 2019 April; 44(4). 342.e1-342.e8
- 11) Yari S, Jandhyala C, Sharareh B, Athiviraham A, Shybut T; "Efficacy of a Virtual Based Arthroscopy Simulator for Orthopedic Surgery Residents by Year in Training". *The Orthopaedic Journal of Sports medicine*. 2018 Nov 21; 6 (11)
- 12) Wallsh JO, Sharareh B, Gallemore R; "Therapeutic effect of dexamethasone implant in retinal vein occlusions resistant to anti-VEGF therapy" *Clinical Ophthalmology*. 2016 May 25;10:947-54
- 13) Sharareh B, Sutherland C, Pourmand D, Molina N, Nicolau, D, Schwarzkopf R; "Effect of Body Weight on Cefazolin and Vancomycin Trabecular Bone Concentrations after Conventional Prophylactic Regimens in Patients Undergoing Total Joint Arthroplasty." *Surgical Infections*. 2016 Jan; 17(1):71-7
- 14) Sharareh B, Phan DL, Schwarzkopf R; "Metallosis Presenting as Knee Pain, 26 years after Primary Total Knee Arthroplasty." *Journal of Orthopaedic Case reports*. 2015 June; 5 (2) 62-65
- 15) Sharareh B, Woolwine S, Satish S, Abraham P, Schwarzkopf R; "Real-time intraoperative monitoring of blood loss with a novel tablet application" *The Open Orthopaedics Journal*. 2015 Aug 31;9:422-6.
- 16) Sharareh B, Schwarzkopf R; "Dysbaric Osteonecrosis: A Literature Review of Pathophysiology, Clinical Presentation and Management" *Clinical Journal of Sports Medicine*. 2015 Mar; 25 (2) 153-161
- 17) Sharareh B, Le N, Hoang M, Schwarzkopf R; "Factors Determining Discharge Destination for Patients Undergoing Total Joint Replacement" *Journal of Arthroplasty*. 2014 Jul; 29(7):1355-1358
- 18) Sharareh B, Schwarzkopf R; "Accuracy and Surgical Efficiency of Total Knee Arthroplasty with Patient Specific Instrumentation: systemic review and meta-analysis" *Journal of Orthopaedic Surgery*. 2015 Apr;23(1):100-106.

- 19) Sharareh B, Schwarzkopf R; "Effectiveness of Telemedical Applications in Postoperative Followup after Total Joint Arthroplasty" *Journal of Arthroplasty*. 2014 May;29(5):918-922
- 20) Sharareh B, Gallemore RP; "Reply to Correspondence: Recalcitrant Macular Edema After Intravitreal Bevacizumab is Responsive to an Intravitreal Dexamethasone Implant in Retinal Vein Occlusion." *Retina*. 2013 Nov-Dec;33(10):2189-2190
- 21) Wallsh JO, Gallemore RP, Taban M, Hu C, Sharareh B; "Pars Plana Ahmed Valve and Vitrectomy in Patients With Glaucoma Associated With Posterior Segment Disease" *Retina*. 2013 Nov-Dec; 33(10):2059-2068
- 22) Sharareh B, Gallemore RP, Taban M, Onishi S, Wallsh J. "Recalcitrant Macular Edema After Intravitreal Bevacizumab is Responsive to an Intravitreal Dexamethasone Implant in Retinal Vein Occlusion. *Retina*. June 2013, 33 (6), p 1227-1231
- 23) Gallemore RP, Walsh J, Sharareh B, Gallemore E; "Management of Retinal Vein Occlusion: What the Clinical Trials Tell Us. Demystifying the studies for some practical clinical guidelines" *Retina Today*. April 2013. 64-67
- 24) Culjat MO, Singh RS, Utley CD, Vampola SP, Sharareh B, Lee H, Brown ER, Grundfest WS; "A flexible, conformal ultrasound array for medical imaging". *Stud Health Technol Inform*. 2008;132: 95-97



AMERICAN SHOULDER
AND ELBOW SURGEONS



ABOUT AMERICAN SHOULDER AND ELBOW SURGEONS

Through educational programs and by encouraging research, ASES seeks to foster and advance the science and practice of shoulder and elbow care. The American Shoulder and Elbow Surgeons (ASES) is a society made up of leading national and international Orthopaedic surgeons who specialize in surgery of the shoulder and elbow. Through continuing medical education, the ASES Annual Meetings serve as a forum where persons involved in this field of medicine can meet, discuss new ideas and present scientific material.

HELPFUL LINKS

Grants and Awards

<https://www.ases-assn.org/about-ases/grants-and-awards/>

Education & Research

<https://www.ases-assn.org/about-ases/education-and-research/>

News

<https://www.ases-assn.org/news/monthly-ases-newsletters/>

ASES Foundation

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