



David Lutton
Shoulder Surgeon
District of Columbia

Conditions: Acromioclavicular (AC) joint injury, Articular Cartilage Damage, Bankart Tear or Lesion, Biceps injury, Bursitis, Calcific Tendonitis, Clavicle Fracture, Cubital Tunnel Syndrome, Distal Bicep Tear, Elbow Joint Arthritis, Failed Prior Surgery, Fracture, Frozen Shoulder (Adhesive Capsulitis), Golfer's and Baseball Elbow (Medial Epicondylitis), Humerus Fracture, Implant Infection, Joint Instability, Joint Infection, Labrum Tear, Nerve Entrapment, Pectoralis Tear, Rotator Cuff Tear, Rotator Cuff Tendonitis, Shoulder Arthritis, Shoulder Dislocation, Shoulder Fracture, Shoulder Impingement, Shoulder Instability and Subluxation, Shoulder Pain, SLAP Tear, Sprains and Strains, Tendinitis, Tennis Elbow (Lateral Epicondylitis), Triceps Injury, Triceps Tear

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Credentials: MD

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Member Type: Associate Member

Last Updated: November 9, 2023

ADDRESS WORK

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SUMMARY

Dr. Lutton is a board-certified, fellowship-trained orthopaedic surgeon, specializing in shoulder, elbow, and sports injuries. A Northern Virginia native, he is a graduate of Thomas Jefferson High School for Science & Technology and the University of Virginia. He received a Master's degree in Anatomy, and attended the George Washington University School of Medicine, where he graduated with Honors and was elected into the Alpha Omega Alpha (AOA) Medical Honor Society. He completed his Orthopaedic Surgery residency at GWU Medical Center.

Following residency, Dr. Lutton pursued specialty training at Mt. Sinai Hospital in Manhattan, NY, as the Shoulder & Elbow Fellow for the then president of the Shoulder & Elbow Surgery Society, Evan L. Flatow, M.D. There he received advanced, state-of-the-art training in minimally invasive, arthroscopic, and open techniques for treating all shoulder and elbow pathologies, including

Rotator cuff injuries

Shoulder and elbow contractures and arthritis

Shoulder and elbow instability

Shoulder and elbow fractures

Dr. Lutton remains very active in medical education at multiple levels. At Mt. Sinai Hospital in NY, the Orthopaedic Residents honored Dr. Lutton with the "2008-2009 Teacher of the Year Award." In 2009, 2010, 2011, and 2012, at the Annual American Academy of Orthopaedic Surgery Conventions, Dr. Lutton was an instructor to practicing orthopaedic surgeons in courses including "Reverse Total Shoulder Arthroplasty" and "Arthroscopic Rotator Cuff Tears." As Assistant Professor of Orthopaedic Surgery at GWU, he was honored by his residents with the "2010-2011 Teacher of the Year Award." He continues to teach at the GWU Medical School and the GWU Orthopaedic Residency Program. Dr. Lutton has many publications in peer-reviewed journal. In 2012 he was Co-Chair for the Mid-Atlantic Shoulder & Elbow Society Meeting held in Washington,

DC.

Dr. Lutton continues his passion for education teaching courses on basic and complex shoulder and elbow reconstructive techniques to other attending surgeons on both a local and national level in cities such as Chicago, Naples (Florida), Philadelphia, New York City, San Diego, and Washington, DC, to name a few.

Dr. Lutton serves on the SHARC committee along with roughly 35 other surgeons across the globe in collaboration to research the next generation of shoulder arthroplasty.

Dr. Lutton was chosen as one of Washingtonian Magazine's "100 Top Doctors," nominated by physician peers in consecutive years from 2012 through 2023.



ABOUT AMERICAN SHOULDER AND ELBOW SURGEONS

Through educational programs and by encouraging research, ASES seeks to foster and advance the science and practice of shoulder and elbow care. The American Shoulder and Elbow Surgeons (ASES) is a society made up of leading national and international Orthopaedic surgeons who specialize in surgery of the shoulder and elbow. Through continuing medical education, the ASES Annual Meetings serve as a forum where persons involved in this field of medicine can meet, discuss new ideas and present scientific material.

HELPFUL LINKS

Grants and Awards

<https://www.ases-assn.org/about-ases/grants-and-awards/>

Education & Research

<https://www.ases-assn.org/about-ases/education-and-research/>

News

<https://www.ases-assn.org/news/monthly-ases-newsletters/>

ASES Foundation

<https://www.ases-assn.org/foundation/>

ASES Podcast

<https://www.ases-assn.org/about-ases/ases-podcast/>