



Joaquin Sanchez Sotelo

Consultant and Professor of Orthopedic Surgery, Chair of the Division of Shoulder and Elbow Surgery
Minnesota

Conditions: Acromioclavicular (AC) joint injury, Articular Cartilage Damage, Bankart Tear or Lesion, Biceps injury, Bursitis, Calcific Tendonitis, Elbow Fracture, Elbow Instability, Clavicle Fracture, Cubital Tunnel Syndrome, Distal Bicep Tear, Elbow Dislocation, Elbow Joint Arthritis, Elbow Pain, Elbow Stiffness, Failed Prior Surgery, Fracture, Frozen Shoulder (Adhesive Capsulitis), Golfer's and Baseball Elbow (Medial Epicondylitis), Humerus Fracture, Implant Infection, Joint Instability, Labrum Tear, Pectoralis Tear, Recurrent and Chronic Elbow Instability, Rotator Cuff Tear, Rotator Cuff Tendonitis, Shoulder Arthritis, Shoulder Dislocation, Shoulder Instability and Subluxation, Shoulder Impingement, Shoulder Fracture, Shoulder Pain, SLAP Tear, Sprains and Strains, Tendinitis, Tennis Elbow (Lateral Epicondylitis), Triceps Injury, Triceps Tear

Email: sanchezsotelo.joaquin@mayo.edu

Credentials: MD, PhD

Address Work Line 1: Orthopedics - Gonda 14

Address Work Line 2: 200 1st St. SW

Address Work City: Rochester

Address Work State: Minnesota

Address Work Zip: 55905

Address Work Country: United States

Language: English, Spanish

State: Minnesota

Phone Work: (507) 538-1953

Member Type: Active Member

Last Updated: August 30, 2023

ADDRESS WORK

Orthopedics - Gonda 14

200 1st St. SW

Rochester, Minnesota, 55905

United States

SUMMARY

Dr. Sanchez-Sotelo practices as Consultant in the Department of Orthopedic Surgery at Mayo Clinic. He is also appointed as Professor at Mayo College of Medicine. He serves as Division Chair of Shoulder and Elbow Surgery, and Chairman of the Orthopedic Research Review Committee at Mayo Clinic, and Liaison for the Department of Orthopedic Surgery with Mayo Clinic Media Relationships. He has been presented the Mayo Clinic Teacher of the Year Award on two separate occasions and has received other awards in the past, including the Mark B. Coventry, Melvin Post, MidAmerica Orthopedic Association, Knee Society, ISOLS 2019, ICSES 2019, AAOS Achievement's Awards, Course Director for Best Mayo Clinic Course (2017 and 2021), and Digital Educator of the Year at Mayo Clinic 2021.

Dr. Joaquin Sanchez-Sotelo MD PhD was born in Madrid, Spain. He graduated as Medical Doctor from Universidad Autonoma de Madrid, and obtained the #1 position in the Spanish National Exam for Medical Graduates. Dr. Sanchez-Sotelo completed his Residency in Orthopedic Surgery at Hospital Universitario La Paz and his PhD Program at Universidad Autonoma de Madrid. He was then selected for a fellowship position at Mayo Clinic and completed a two-year program in adult reconstruction.

Dr. Sanchez-Sotelo has published over 350 articles in the peer-reviewed literature in addition to over 50 book chapters. He is co-editor of the most widely read textbook on elbow surgery, "The Elbow and Its Disorders". Dr. Sanchez-Sotelo has also published Mayo Clinic Principles of Shoulder Surgery. He is actively involved in the design of implants for joint replacement, shoulder sports medicine, and fracture fixation. Dr. Sanchez-Sotelo serves as course co-director for the Mayo Clinic Annual Elbow Course "Teach the teachers", the Combined Harvard-Mayo Clinic Course on Shoulder Tendon Transfers and Complex Rotator Cuff Tears, the International Advanced Course on Elbow Surgery (IACES), and the FORE Critical Concepts in Shoulder and Elbow Surgery Course. He has presented his research in numerous occasions at national and

international meetings.

Dr. Sanchez-Sotelo is member of multiple professional societies. In the past, Dr. Sanchez-Sotelo served as Board Member at large for the American Shoulder and Elbow Surgeons (ASES), and he was also recently selected as ASES Vice-President. Dr. Sanchez-Sotelo also serves as Associate Editor for the Journal of Shoulder and Elbow Surgery (JSES), and has served as associated editor for the Journal of Orthopedic Trauma (JOT). He was recently selected as Presidential Guest Speaker for the European Society of Shoulder and Elbow Surgery (SECEC), and Rockwood Lecturer for the 2023 International Congress of Shoulder and Elbow Surgery

Dr. Sanchez-Sotelo has developed a special interest in complex reconstructive surgery of the shoulder and elbow joints, as well as in basic science research related to the genetic and molecular basis of orthopedic conditions, particularly joint stiffness, as well as the biomechanics of shoulder and elbow injuries and implants and the application of artificial intelligence to shoulder and elbow surgery. Other interest outside orthopedic surgery include music, cooking, ballroom dancing, travelling and reading.

CREDENTIALS

Consultant and Professor of Orthopedic Surgery

Mayo Clinic and Mayo Medical School

Chair, Division of Shoulder and Elbow Surgery

Mayo Clinic

INSURANCE PLANS ACCEPTED

Most insurance plans

PUBLICATIONS

[My Publications \(click here\)](#)



AMERICAN SHOULDER
AND ELBOW SURGEONS



ABOUT AMERICAN SHOULDER AND ELBOW SURGEONS

Through educational programs and by encouraging research, ASES seeks to foster and advance the science and practice of shoulder and elbow care. The American Shoulder and Elbow Surgeons (ASES) is a society made up of leading national and international Orthopaedic surgeons who specialize in surgery of the shoulder and elbow. Through continuing medical education, the ASES Annual Meetings serve as a forum where persons involved in this field of medicine can meet, discuss new ideas and present scientific material.

HELPFUL LINKS

Grants and Awards

<https://www.ases-assn.org/about-ases/grants-and-awards/>

Education & Research

<https://www.ases-assn.org/about-ases/education-and-research/>

News

<https://www.ases-assn.org/news/monthly-ases-newsletters/>

ASES Foundation

<https://www.ases-assn.org/foundation/>

ASES Podcast

<https://www.ases-assn.org/about-ases/ases-podcast/>